

# Disaster Mental Health Hub

**Information, resources and training at no cost for professionals who support individuals and communities experiencing the mental health impacts of disasters.**

Disasters can be very stressful for those directly impacted, as well as those involved in disaster management efforts. Mental health consequences can be experienced in the short and longer term, and health practitioners need to be prepared.

**> Information > Resources > Online Training Programs**

To find out more visit  
**[www.phoenixaustralia.org/disaster-hub](http://www.phoenixaustralia.org/disaster-hub)**

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**Prepare**

BEFORE DISASTER



**Respond**

DURING DISASTER



**Recover**

AFTER DISASTER



**Phoenix**  
AUSTRALIA